Policy 6: Medical & Welfare Provision

1. Purpose

To define the Charity's approach to providing medical and welfare support proportionate to the risks of the event.

Objectives

- To ensure the health and safety of all individuals involved.
- To provide equitable access to medical and welfare provisions for all participants, including individuals with disabilities and vulnerable persons.
- To mitigate risks and ensure legal compliance with UK statutory and regulatory standards.

2. Scope

- Applies to all event legs, participants, volunteers, staff and contractors.

3. Definitions

- First aid provision: On-site response to minor injuries or illness.
- Emergency escalation: Contacting statutory emergency services.

4. Legal / Regulatory Context (summary)

- The Charity must make reasonable arrangements for foreseeable medical incidents.
- Provision must be proportionate to risk and scale.

5. Policy Statement

The Charity will ensure appropriate first aid and welfare arrangements are in place, with clear escalation routes for serious incidents.

6. Minimum Standards & Controls

- Qualified first aid provision for each leg.
- Identification of access points for emergency services.
- Monitoring of participant wellbeing during activity.
- Welfare Provisions (i.e. refreshment / water stations, recovery areas.)
- Disability and Accessibility (facilities and trained personnel)

7. Roles & Responsibilities

- Medical Lead (where appointed): Medical planning and advice.
- Leg Lead: Confirms local arrangements.
- Volunteers: Escalate concerns; act within competence.

8. Decision-Making & Escalation

- Medical concerns escalated immediately where serious.
- Activity may be paused or stopped to allow treatment.

9. Records & Evidence

- Medical incident logs.
- Records of emergency service involvement.
- Post-incident reviews.
- Insurance

10. Review

Medical arrangements will be reviewed after any serious incident or recurring issue.