



Management Support Line



Free Expert Advice

Speak to professionals trained in workplace mental health, conflict resolution, and leadership support.



Anywhere, anytime

Whether it's a quick question or an ongoing issue, trained workplace wellbeing experts are available 24/7.



Completely Confidential

Your employer or your team won't know you called.



No Judgment. Just Help

You don't need to have all the answers. We're here to provide practical, real-world guidance tailored to hospitality managers.

**Call Us Anytime, 24/7/365,
0808 801 0550**