

## Helping licensed hospitality people take proactive steps to look after their wellbeing and handle life's challenges.







## Wellbeing Support

- Counselling for you, your children and your relationship
- Critical incident
- Family support
- Wellbeing platform and live chat

## Practical Support

- Housing & benefits advice
- Job search & interview prep
- Education
- Management advice line
- Legal advice

## Financial Support

- Debt advice
- Hardship grants
- White goods
- Rent & deposit
- Arrears & repairs
- Scholarships
- Bursary places
- 'nudge' platform



Register for the LTC Wellbeing Platform free on our website